**STEP CHALLENGE INSTRUCTIONS**

**BCBS Members Instructions on how to sign up for the challenge.**

1. You must first visit  [www.ahealthyme.com/login](http://www.ahealthyme.com/login)   and create an account
2. Enrollment opens on April 5 2021 – April 18, 2021 log into your account and register for the Step Challenge
3. Once you have registered you will receive a confirmation email to the email linked to the account you created please print this confirmation that will be your proof of registration in order for you to claim your FitBit.
4. Contact my office by phone or email in order to set up a date to pick up your FitBit.
5. Challenge launches on April 12, 2021 and it ends on May 24, 2021 at 11:59 pm.

If you need any assistance in creating an account or have any questions, please feel free to contact me by phone or email.

Sincerely,

Marcia Tome

Benefits Administrator

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