**STEP CHALLENGE INSTRUCTIONS**

**BCBS Members Instructions on how to sign up for the Fall Challenge.**

1. You must first visit  [www.ahealthyme.com/login](http://www.ahealthyme.com/login)   and create an account
2. Enrollment opens on September 6 – September 19, 2021 log into your account and register for the Step Challenge
3. Once you have registered you will receive a confirmation email to the email linked to the account you created please foward this confirmation to [mtome@newbedfordschools.org](mailto:mtome@newbedfordschools.org) this will be needed in order for you to claim your fitbit.
4. Contact my office by phone or email in order to set up a date to pick up your FitBit if you have not received one in the past challenges.
5. Challenge launches on September 13, 2021 and it ends on October 25, 2021 at 11:59 pm.

If you need any assistance in creating an account or have any questions, please feel free to contact me by phone or email.

Sincerely,

Marcia Tome

Benefits Administrator

New Bedford Public Schools

455 County Street

New Bedford Ma 02740

Tel: 508-997-4511 Ext. 3459

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[mtome@newbedfordschools.org](mailto:mtome@newbedfordschools.org)