

ATHLETICS

FALL SPORT GUIDELINES AND
IMPORTANT DATES AND
INFORMATION

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Fall Sports that are allowed to play using the Guidelines from the EEA:

- Cross Country
- Field Hockey
- Golf
- Soccer
- Volleyball

Sports that cannot play due to EEA guidelines:

- Football
- Cheer

These two can be played in the “Floating Season”
2/22/21 – 4/25/21

All sports must adhere to the minimum modifications outlined in the EEA guidance to achieve Level 3 play (inter-team competition). If those modifications cannot be met, the sport may consider moving to a later season or adopting a “practice only” model using the EEA cohort method and in alignment with other EEA guidelines. Guidance from EEA will be re-issued prior to the start of each season, based on public health data, testing availability, and any new information, and MIAA will make final decisions for each season following that updated guidance.

Season	Dates	Sports
Fall	Starting Sept. 18	Golf, XC running, field hockey, soccer, gymnastics, girls volleyball, fall swimming/diving, football practice,* cheer practice,* unified basketball practice* *Practice only using EEA cohort modifications : Football, cheer, unified basketball
Winter	TBA by MIAA	Winter gymnastics, boys and girls indoor track, ski, dance, winter swimming/diving, cheer, hockey, basketball, wrestling
Floating season	TBA by MIAA	Sports unable to play in earlier seasons may engage in Level 3 play (competitions) if permitted by updated EEA guidelines. Schools that offered only remote learning in early fall may use this season for play that was missed during their remote schedule.
Spring	TBA by MIAA	Girls golf, baseball, softball, tennis, boys volleyball, girls and boys lacrosse, track and field, rugby

At this time, the sports listed above have been conditionally approved for the fall season, provided they are able to meet the minimum modifications outlined in the EEA guidance. For the



COVID-19 Task Force

MIAA Covid-19 Recommendation

The MIAA Covid-19 Task Force recommends the MIAA Board of Directors endorses the following season structure for the 2020-2021 academic year:

- **Sept 18th – Nov. 20th - Fall Sports-** B/G Soccer, Fall Gymnastics, B/G Cross Country, Field Hockey, Girls Volleyball, Swim & Dive, Golf, Dance
- **Nov. 30th - Feb. 21st - Winter Sports-** B/G Basketball, B/G Hockey, Wrestling, Winter Gymnastics, B/G Indoor Track & Field; Alpine Ski, Nordic Ski, Winter Cheer, Dance, Swim & Dive, Dance
- **Feb. 22nd - April 25th - Fall Sports II (“Floating Season”)-** Football, Fall Cheer, Unified Basketball, sports not played in fall season because of remote learning model/other
- **April 26th - July 3rd - Spring Sports-** Baseball, Softball, B/G Lacrosse, B/G Tennis; Boys Volleyball, B/G/U Outdoor Track & Field, Rugby, Sailing, Girls’ Golf, Crew

Regions have the ability to adjust dates with the approval of their District Athletic Committee (DAC).





COVID-19 Task Force

MIAA Covid-19 Recommendation

The MIAA Covid-19 Task Force recommends the MIAA Board of Directors encourage schools to create a fall season schedule within leagues, or geographic regions to limit travel and number of opponents.



TRANSPORTATION

Transportation to
and from practices
will be the student's
responsibility

26 students on a
bus

There will be **NO**
late bus after
practices

Physicals

- Physicals will be at the Field House during the week of September 14-17.
Time – TBA
- Please make sure to have rankone filled out completely BEFORE going to the Physicals.
- School Physicals are given by Doctors of Boston Childrens Hospital and are free of charge



FINE ARTS

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INSTRUMENTAL AND CHORAL MUSIC

- Goal/Priority
 - Maintain Access to Programming
- Mode of Instruction
 - Individual performance skills
 - Performance Opportunities
 - Resource: Smart Music

SMART MUSIC

- Immediate Feedback
- Digital Library-music and method books
- Practice Tools
- Communication with teacher

GUIDANCE AND IMPLEMENTATION

STUDY AND GUIDANCE

- Department of Elementary and Secondary Education Guidance
- International Coalition of Performing Arts Aerosol Study
 - Preliminary Results

STRATEGIES

- Social Distancing
- Only outdoors for playing or singing
- Masks while playing or singing
- Bell covers

KEEPING ARTS ED SAFE AT SCHOOL

MASK Everything!



ACTORS
SINGERS
DANCERS



TEACHERS



DISTANCE
6 FEET
with Mask



TIMING

OUTDOOR	INDOORS
<ul style="list-style-type: none">• Playing Instruments, Singing, Acting, or Dancing (<i>Masks strongly recommended</i>)• 30 minute blocks with 6ft spacing• 5 minute pause between blocks	<ul style="list-style-type: none">• Playing Instruments, Singing, Acting, or Dancing (<i>Masks required</i>)• 30 minutes with 6 ft spacing• Minimum one air change between class

MATERIALS MATTER



2 LAYERS or more of DENSE FABRIC
for instruments

WELL-FITTING MASKS
for students




Proper HYGIENE



Instruments
Spaces
People

AIRFLOW / FILTRATION



Good ventilation and air change rate for the space.