

STEP CHALLENGE INSTRUCTIONS

BCBS Members Instructions on how to sign up for the Spring Step Challenge.

1. You must first visit www.ahealthyme.com/login and create an account once the account is created log into to enroll during the enrollment period below.
2. Enrollment opens on September 4, 2023, through September 17, 2023, log into your account and Join the Step Challenge
3. Once you have joined the challenge a confirmation email will be sent to the email linked to the account you created, please forward this confirmation to mtome@newbedfordschools.org this will be needed for you to claim your Fitbit.
4. Contact my office by phone or email to set up a date to pick up your Fitbit if you have not received one in the past challenges.
5. Challenge launches on September 11, 2023, and it ends on October 23, 2023, at 11:59 pm.

If you need any assistance in creating an account or have any questions, please feel free to contact me by phone or email.

Sincerely,

Marcia Tome
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