**STEP CHALLENGE INSTRUCTIONS**

**BCBS Members Instructions on how to sign up for the Spring Challenge.**

1. You must first visit  [www.ahealthyme.com/login](http://www.ahealthyme.com/login)   and create an account
2. Enrollment opens on April 4, 2022, through April 17, 2022, log into your account and Join the Step Challenge
3. Once you have joined the challenge a confirmation email will be sent to the email linked to the account you created, please forward this confirmation to [mtome@newbedfordschools.org](mailto:mtome@newbedfordschools.org) this will be needed for you to claim your Fitbit.
4. Contact my office by phone or email to set up a date to pick up your Fitbit if you have not received one in the past challenges.
5. Challenge launches on April 11, 2022, and it ends on May 23, 2022, at 11:59 pm.

If you need any assistance in creating an account or have any questions, please feel free to contact me by phone or email.

Sincerely,

Marcia Tome

Benefits Administrator

New Bedford Public Schools

455 County Street

New Bedford Ma 02740

Tel: 508-997-4511 Ext. 3459

Fax: 508-991-8300

[mtome@newbedfordschools.org](mailto:mtome@newbedfordschools.org)